



NEUROGENETICS

# INCREASING ACCESS TO GENETIC COUNSELORS FOR PATIENTS



Genetic counselors are healthcare professionals who have specialized education in medical genetics and counseling. **MyGeneTeam** genetic counselors are available to provide you with personalized care and to help you make informed decisions about your genetic health.

Genetic counseling for neurogenetic conditions focuses on personal and/or family history factors that can increase the risk of neurodevelopmental or neuromuscular conditions in yourself or your family members.

MY **gene**  
COUNSELOR TEAM

## Examples of reasons for referral include a personal or family history of:

- Autism spectrum disorder
- Brain malformation
- Epilepsy
- Hereditary neuropathy
- Intellectual disability
- Neurometabolic condition
- Neuromuscular disease
- Adult-onset neurodegenerative disorder (personal history only)

## What to expect during a genetic counseling session for neurogenetic conditions:

- Questions about your health and the health of your relatives
- Education about inheritance patterns
- Evaluation of risk for certain neurodevelopmental or neuromuscular conditions
- Discussion of the benefits and limitations of available testing options
- Information about the possible outcomes of genetic testing and their impact on medical management
- Opportunity to ask questions and address your concerns

You are encouraged to include a family member or friend in the discussion if you are comfortable sharing your medical and genetic information.

## What are the benefits of talking to a MyGeneTeam genetic counselor?

- MyGeneTeam genetic counselors are experienced, board certified/eligible and licensed per state laws, where applicable
- Appointments are flexible, including evening and weekend hours, across many time zones
- Genetic counseling services can be provided by phone or online video conferencing

### Reminder:



MyGeneTeam services are available by referral only—your healthcare providers place their trust in our team to provide you with the best possible care.