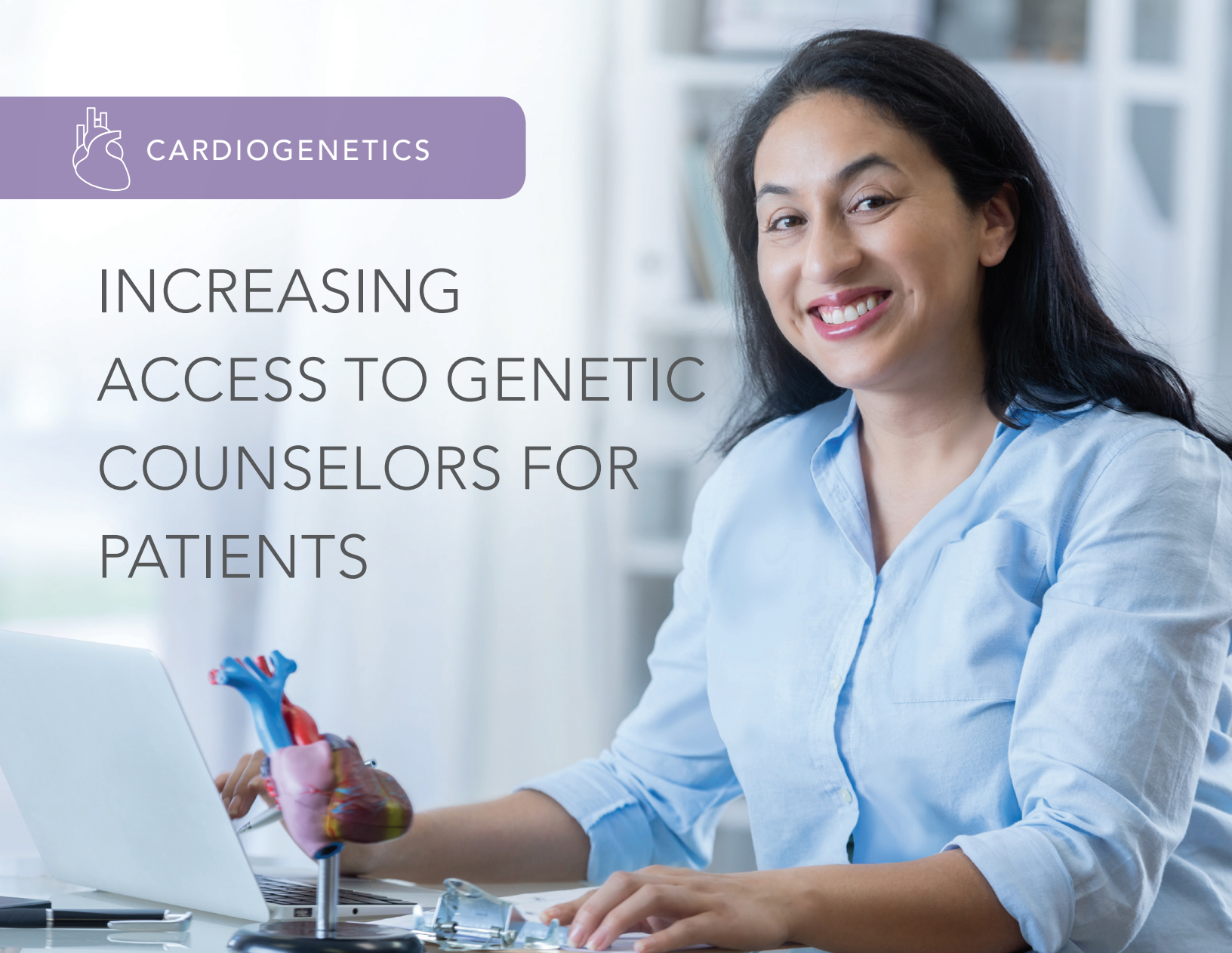




CARDIOGENETICS

# INCREASING ACCESS TO GENETIC COUNSELORS FOR PATIENTS



Genetic counselors are healthcare professionals who have specialized education in medical genetics and counseling. **MyGeneTeam** genetic counselors are available to provide you with personalized care and to help you make informed decisions about your genetic health.

Genetic counseling for cardiogenetic conditions focuses on personal and/or family history factors that can increase the risk of significant, potentially life-threatening, heart problems in yourself or your family members.

MY **gene**  
COUNSELOR TEAM

## Examples of reasons for referral include a personal or family history of:

- Cardiomyopathy– a change in the structure of the heart, such as thickened or enlarged heart muscle
- Arrhythmia– an abnormal or irregular rhythm in the heart
- Aneurysm– a bulging area of a blood vessel
- Extremely high cholesterol
- Sudden cardiac arrest or death

## What to expect during a genetic counseling session for a cardiogenetic condition:

- Questions about your health and the health of your relatives
- Education about inheritance patterns
- Evaluation of risk for certain cardiac conditions
- Discussion of the benefits and limitations of available testing options
- Information about the possible outcomes of genetic testing and their impact on medical management
- Opportunity to ask questions and address your concerns

You are encouraged to include a family member or friend in the discussion if you are comfortable sharing your medical and genetic information.

## What are the benefits of talking to a MyGeneTeam genetic counselor?

- MyGeneTeam genetic counselors are experienced, board certified/eligible and licensed per state laws, where applicable
- Appointments are flexible, including evening and weekend hours, across many time zones
- Genetic counseling services can be provided by phone or online video conferencing

### Reminder:



MyGeneTeam services are available by referral only—your healthcare providers place their trust in our team to provide you with the best possible care.